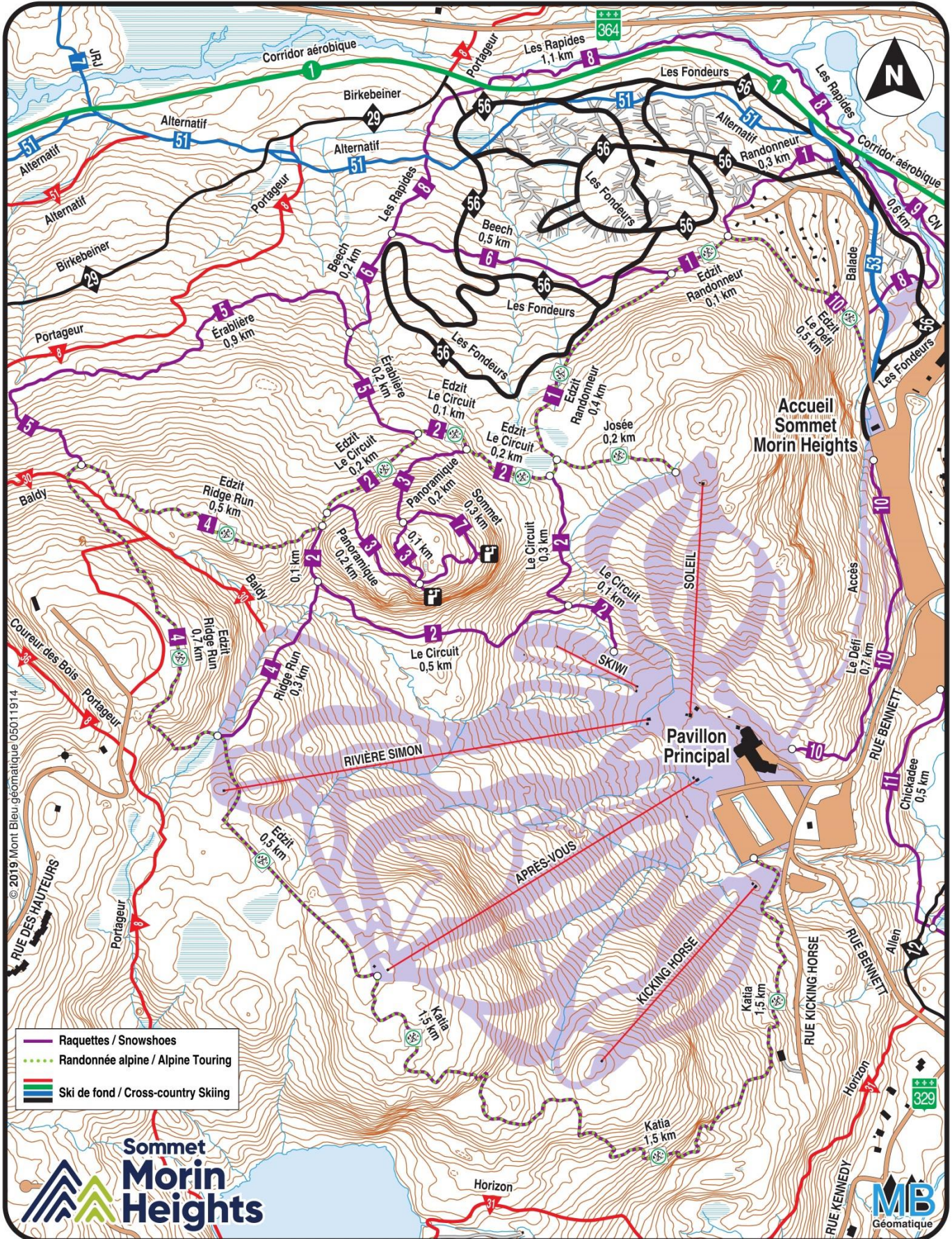


TRAIL MAP : SNOWSHOES, ALPINE TOURING, CROSS-COUNTRY SKIING AND OFF-TRAIL



ASCENSION CORRIDOR AND OFF-TRAIL AREA REGULATIONS

I am aware of the risks, dangers and obstacles associated with outdoor activities and I accept and assume all these risks, dangers and obstacles as well as the possibility of personal injury, death, damage to my personal belongings or resulting loss.

- Ticket or season pass required.
- Beware of downstream traffic.
- Only climb the designated areas on the map; stay well visible and go up in single file, never two in a row.
- Do not borrow a closed trail or slope; only go up or down during Sommet Morin Heights's opening hours and before sunset – Sommet Morin Heights reserves the right to charge a fee of \$ 300 or more for any request for assistance.
- Make sure you are physically fit and have appropriate clothing and equipment. Bring a bottle of water and food.
- The snow conditions, the temperature and the degree of difficulty of the terrain may vary.
- Do not ride alone. Bring a charged cell phone. (Restricted cellular area)
- The trails are not patrolled – knowledge of first aid is strongly recommended.
- Only slide down on opened trails, respect at all times the Mountain Code of Conduct. Access to the ski lifts requires a separate ticket or pass. (Available at the ticket booth.)

SNOWSHOEING AND CROSS-COUNTRY SKIING REGULATIONS

- Call 9-1-1, in case of an emergency.
- Dogs are forbidden on cross-country ski trails. Dogs on a leash are allowed on snowshoes trails only.
- Cross-country ski trails are for cross-country skiing only (snowshoeing, walking, snowmobiles, etc. are forbidden).
- Park in designated areas .
- Wear your pass or ticket visibly at all times.
- Ski in the recommended direction for your safety and respect the signage.
- Never leave alone, and plan to be off the trail one hour before sunset.
- Check and plan according to the level of difficulty and the conditions.
- Respect the cleanliness of the place, do not leave garbage, do not damage trees or fences and do not make fire.
- Take your skis off when crossing a road.
- Check ice conditions before crossing water.

DISTANCE AND CUMULATIVE ASCENT OF ALPINE TOURING TRAILS

TRAIL	DISTANCE	CUMULATIVE ASCENT
KATIA	1,5 km	155 m
JOSÉE	0,2 km	20 m
EDZIT	3,2 km	240 m