

In the context of COVID-19, prevention and safety behaviors and measures are everyone's business. The operator of the campsite that welcomes you has implemented operating procedures in order to ensure compliance with public health recommendations to limit the spread of the virus. Obviously, as a camper, you have an important role to play in achieving this goal.

This document is given to you so that you are aware of the measures that you will have to respect as a camper, whether you are a passerby or seasonal. On arrival, you may be given more details, for example concerning establishment regulations which had to be adapted to the context of COVID-19. It is important that you share this information with everyone included in your reservation, young and old.

The campground staff invites you to support them in their efforts to ensure safe and respectful coexistence for everyone on the campground.

## Before your arrival, inform yourself and be equipped!

- Based on government guidelines, some services or activities may be unavailable for part or all of the season. To avoid disappointment, inform yourself by consulting the website of the campsite or by contacting it directly.
- Check with the Camping et Cabines Sommet Morin Heights au 450-227-2020 ou 1-800-363-2426 if your reservation is still valid, make your payment by phone if possible.
- Be equipped with an adequate supply of alcohol based hand sanitizer and soap.
- Be sure to bring cleaning and disinfection products such as disinfectant wipes to use on frequently touched surfaces.
- Equip yourself and the family members camping with you with a face mask.
- Make sure you have a tablecloth on hand for your picnic table.
- Choose the option of bringing your own sports equipment if necessary.

If you show signs of COVID-19, do not show up at the campsite.  
Contact Public Health at 1 877 644-4545 and comply with their guidelines,  
particularly with regard to quarantine measures.

## Upon your arrival, civic-mindedness, patience and courtesy are in order!

- Comply with the rules and take into account the displays and physical markers intended to ensure the minimum distance of two meters between each person.
- Present yourself alone at the reception desk. People accompanying you must wait outside or even better stay in the vehicle.
- Disinfect your hands using the hand sanitizers or sinks provided by the campground
- Be prepared to use a face cover at the reception desk
- If you have a payment to make, choose to use a card payment method.

# CAMPING IN A PANDEMIC CONTEXT



**During your stay, respect the hygiene measures, social distancing and the regulations in place**

## Basic hygiene rules:

- Respect the distance rule of two meters between each person.
- Wash your hands often with warm soapy water for at least 20 seconds.
- Avoid handshakes.
- Cover your mouth and nose with your elbow or a handkerchief when you cough or sneeze.
- Avoid touching your face with your hands not washed.
- Throw your tissues in the trash.
- Wear a face cover, at reception and in places where you find it difficult to follow the rules of distancing.

## Public Restrooms:

- Use your own facilities as much as possible
- Please help the campsite staff to preserve the cleanliness of sanitary blocks if accessible
- If the laundry room is accessible, transport your soiled laundry in a waterproof bag.
- Observe the directives and displays.
- Have disinfectant wipes on hand to use if necessary and throw them in the trash after use and not in the toilet.

## Maintenance of your equipment:

- As the coronavirus (COVID-19) can live on objects and surfaces for a few hours to a few days, we recommend that you exercise great vigilance.
- Frequently touched surfaces and objects are most likely to be infected. They should be cleaned and disinfected at least twice a day or as often as possible.
  - Cleaning products and disinfectants are effective against COVID-19.

## Pets:

There is currently no evidence that pets are a factor in the transmission of coronavirus. However, it is recommended to limit contact between people and other people's animals or between animals from different households. Pets must be kept on a leash at all times.

## Non-accessible places, gatherings and events:

**Indoor gatherings prohibited.  
Outdoor gatherings limited to 10 people belonging to 3 family cells.**

Please respect the instructions in force on the date of your stay.

## If during your stay you develop symptoms of COVID-19:

- Isolate yourself in your recreational equipment and wear a mask.
- Notify the Sommet Morin Heights' Camping and cabins operator.
- Contact the COVID-19 information line at 1 877 644-4545 and follow their instructions, particularly those surrounding your departure from the campsite to return home.

## After your stay

If, in the days following your return, you develop the symptoms of COVID-19 and believe that you contracted it during your stay at the campsite:

- Notify the Sommet Morin Heights' Camping and cabins operator.
- Contact the COVID-19 information line at 1 877 644-4545 and follow their instructions.